

## DECEMBER INTERVIEW—Felicity James B.Sc. (Hons) Doctor of Chiropractic



### *What influenced you to become a chiropractor?*

My parents are both in the medical profession and growing up I always wanted to be a GP. After seeing great success with chiropractic for myself and brother as teenagers - where the GPs had been unable to help - I decided to shadow both chiropractors and GPs to get a better feel for both jobs and found chiropractic to be the best suited for me.

### *What training did you do to work as a chiropractor?*

I trained at the Welsh Institute of Chiropractic for 4 years studying everything from anatomy to adjustments and even modules in pharmacology and embryology. I graduated in 2008 with a first class honours degree in chiropractic.

### *What aspect of your job do you enjoy most and why?*

I love the diversity of conditions I get to see, as well as a range of people in all stages of life from 6 days old to 96 years! I love making a difference to people's lives.

### *How did you get involved with Durham House?*

After qualifying I started to apply for various positions. I heard that Durham House was about to open a second clinic in Farnham and applied to join. The prospect of working in a truly multidisciplinary practice was something I knew I would enjoy.

### *What is the most rewarding part of your job?*

I love making a positive impact on people who have tried everything else and think things won't get any better. I also love treating women during pregnancy and babies, especially since having 2 children of my own.

### *What tips would you give people who are worried about having treatments with you?*

Come in and have a chat with me! People often worry about what to expect or don't know what we do and the best way to resolve this is to come and discuss it. Consultations are free of charge and there's no obligation.

### *What would you tell someone who might be considering a career as a chiropractor?*

Shadow as many people as you can and in as many practices as possible. It really helped me see the day to day aspect of the job.

### *What do you wish other people knew about chiropractic?*

That we don't only treat the spine! We also treat shoulders, elbows, knees, hips, ankles - all sorts!

### *What do you enjoy doing when you aren't working?*

I love spending time with my husband and 2 little girls who are 5 and 2. We enjoy exploring, walking and reading. I also enjoy sewing, if I get a quiet moment or two!